

# Chronic Disease Education Train-the-Trainer Sessions For Community Health Workers

IMPROVING EVIDENCE-BASED SELF-MANAGEMENT & PREVENTION (iADAPT 2.0) PROJECT



The **iADAPT 2.0** Project is offering an exciting opportunity for 20 Community Health Workers to participate in a new Chronic Disease Education Train-the-Trainer Program.

This 3-day training will provide CHWs with the needed skills to assist persons at-risk and diagnosed with prediabetes, type 2 diabetes, CVD and related mental health concerns to:

- Increase access to patient-centered medical homes (PCMH)
- Increase access to the use of non-physician care teams
- Increase knowledge of disease self-management and prevention
- Improve communication skills
- Promote goal setting and behavioral change

Please forward your resumes to Pamela Daniels MPH, MBA, PhD, Project Director:  
[pdaniels@msm.edu](mailto:pdaniels@msm.edu) or call **1-844-IADAPT2** (1-844-423-2782) for more information.



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