

Hillside of Atlanta

Key Personnel

Dr. Rana Sibai-Drake M.D., RDrake@hside.org
Site Director and Attending

David Shadle, DShadle@hside.org
Site Administrator

Location

690 Courtenay Dr NE, Atlanta, GA, 30306

Frequency and Duration

3 days per week, for one month

Overview

CAP fellows will rotate at a behavioral health treatment network for a four-month rotation during the first year of their CAP fellowship. Hillside Georgia is a behavioral health treatment network for children and young adults suffering from severe emotional and psychological challenges. The youth served at Hillside are those considered at the highest risk and require the most intensive level of services. Hillside clinicians provide combined therapeutic and educational programs to support the individual needs of each client based on their diagnosis, strengths, and interests with an emphasis on Dialectical Behavioral Therapy (DBT). Services include intensive residential services, specialty foster care, and residential group homes.

Medical Knowledge

- The resident will demonstrate the knowledge of, and ability to weigh the impact or trauma on psychiatric presentation and treatment.
- The resident will identify sufficient knowledge to identify common medical conditions
- The resident will demonstrate an understanding of psychopathology and the corresponding DSM-5 diagnostic criteria.
- The resident will be able to list situations that mandate reporting or breach of confidentiality.
- The resident will demonstrate knowledge of the major causes of psychiatric problems that present to residential treatment units.
- The resident will be able to demonstrate an understanding of the basic forensic principles in residential care.

Patient Care

- The resident will demonstrate the ability to perform a thorough clinical evaluation of children, adolescents, and families presenting to residential treatment for psychiatric emergencies, including both psychiatric and biomedical assessments.
- The resident will demonstrate the ability to form a therapeutic alliance with children and parents.

- The resident will demonstrate the ability to develop a thorough differential diagnosis, formulation, and treatment plan for children and adolescents in residential settings.
- The resident will demonstrate the ability to direct and/or conduct intervention including a range of psychosocial and pharmacological therapeutics for children, adolescents, and parents.
- The resident will demonstrate the ability to write concise chart notes regarding child and adolescent psychiatric conditions.
- The resident will select laboratory and diagnostic tests appropriate to the clinical presentation.
- The resident will follow clues to identify relevant historical findings in complex clinical situations and unfamiliar circumstances.
- The resident will assess patient safety.
- The resident will develop a basic differential diagnosis for common syndromes and patient presentations.
- The resident will organize formulations around comprehensive models of phenomenology that take etiology into account.
- The resident will apply an understanding of psychiatric, neurologic, and medical co-morbidities to treatment selection.

Interpersonal Skills and Communication

- The resident will develop rapport with patients and families for the purpose of conducting a comprehensive evaluation.
- The resident will consistently engage patients and families in shared decision-making.
- The resident will effectively communicate with members of a multidisciplinary treatment team.

Practice-Based Learning and Improvement

- The resident will regularly seek and incorporate feedback from supervising clinicians to improve performance.
- The resident will assume a role in the clinical teaching of early learners.

Professionalism

- The resident will demonstrate the capacity for self-reflection, empathy, curiosity about and openness to different beliefs and points of view, and respect for diversity.
- The resident will recognize ethical issues in practice and be able to discuss, analyze, and manage these in the course of completing a comprehensive evaluation.
- The resident will notify the team and enlists back-up when fatigued or ill.
- The resident will recognize the importance of participating in one's professional community.
- The resident will accept the role of the patient's physician and take responsibility (under supervision) for ensuring that the patient /family receives an excellent evaluation.

System-Based Care

- The resident will be knowledgeable of the variety of dispositions available to children, adolescents, and families with psychiatric problems.
- The resident will describe systems and procedures that promote patient safety.
- The resident will demonstrate a knowledge of the relative cost of different patient care options.
- The resident will work with the facility social worker to coordinate patient access to community and system resources.
- The resident will coordinate care with community mental health agencies, including case managers and self-help groups.
- The resident will gain an appreciation for the decision-making process in determining suitability for residential, group home and foster care placement.