

Laurel Heights Hospital

Key Personnel

Adewale Okeleji, MD, adewale.okeleji@uhsinc.com
Site Director and Attending

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Credentialing Contact

Location

934 Briarcliff Road, Atlanta, GA, 30306

Frequency and Duration

Three (3) days per week, for one (1) month per academic year

Overview

CAP fellows will rotate at this behavioral health treatment facility for a one-month rotation during the first year of their CAP fellowship. They participate in direct patient care, multidisciplinary treatment team meetings, and various therapeutic interventions. Additionally, fellows attend regularly scheduled patient safety and quality improvement meetings with facility staff and administrators. During these meetings incidents, near misses, and other related topics are discussed and addressed.

Laurel Heights is a behavioral health treatment facility for children and young adults suffering from severe emotional and psychological challenges. The youth served at Laurel Heights are those considered at the highest risk and require the most intensive level of services. Laurel Heights clinicians provide combined therapeutic and educational programs to support the individual needs of each client based on their diagnosis, strengths, and interests. Services include crisis care, inpatient care, and intensive residential services.

Patient Care

Goals:

- Knowledge
 - Enhance and develop further understanding of the interaction between biological, psychological, and social factors in the development and maintenance of psychopathology in childhood
- Skills
 - Gain skills necessary for the assessment and treatment of the major psychiatric disorders of childhood
 - Gain skills necessary to run an effective inpatient psychiatric unit
- Attitude
 - Demonstrate a responsible attitude in determining the appropriate interventions, based on existing knowledge, through assessments, and receptivity to input from the patient, family, faculty, and the treatment team

Objectives:

- Complete a comprehensive diagnostic and biopsychosocial formulation on at least 6 pre-adolescent children (under age 12) admitted for inpatient treatment.
- Be observed by the attending while performing at least four psychiatric interviews and mental status examinations
- Be observed conducting at least two discharge meetings with families

- Demonstrate ability to integrate information obtained from above assessment in an organized fashion
- Dictate comprehensive, clear, and concise diagnostic and treatment summaries under review of the supervising physician, to include a succinct biopsychosocial formulation.
- Complete comprehensive master treatment plans on assigned patients – identifying appropriate problems, goals and treatment interventions.
- Utilize various pharmacologic agents in the acute inpatient treatment of children.
- Demonstrate abilities to educate parents about diagnosis/treatment and help families resolve conflicts.
- Participate in the development of a behavioral modification program for at least one case.
- Participate in forensic staffing of at least one inpatient, if such staffing occurs during the rotation.

Medical Knowledge Goals:

- Knowledge
 - Develop knowledge in the signs and symptoms of mental illness in latency aged children, childhood development, and interventions for mental illness in this population.
- Skills
 - Gain the ability to provide competent inpatient care to latency aged children.
- Attitude
 - Demonstrate self-motivation to increase knowledge and skills through reading relevant literature, consulting experts in the field, etc.

Objectives:

- Formulate and present at least 6 inpatient cases to Attending including differential diagnosis, required work-up, and initial treatment plan.
- Check out patients on daily basis to Attending
- Complete all medical documentation in appropriate manner.
- Demonstrate understanding of GA Family Court proceedings and GA laws as they apply to psychiatric treatment.

Interpersonal and Communication Skills Goals:

- Knowledge
 - Understand the role of the psychiatrist in educating and in modeling for interactions with staff and patients
- Skills
 - Gain skills to conduct sensitive and constructive assessment interviews with parents and/or families
 - Demonstrate abilities to educate parents about diagnosis/treatment
- Attitude
 - Demonstrate a constructive attitude in working as a member of a multidisciplinary team

Objectives:

- Communicate effectively with nursing, social work, activity therapy and other members of the treatment team
- Participate as therapist or co-therapist in family therapy as available
- Complete discharge meetings with families on assigned patients
- Lead the treatment team in planning for his/her patients

Practice-Based Learning & Improvement Goals:

- Knowledge
 - Gain sufficient knowledge concerning laws that affect inpatient treatment of children

- Skills
 - Use appropriate resources (journals, texts, information technology) to develop competence in evidence-based treatments of mental health problems in children and adolescents
 - Use observational skills and incorporate feedback to improve clinical performance
- Attitude
 - Demonstrate self-motivation to increase knowledge and skills through reading relevant literature, consulting experts in the field, etc.

Objectives

- Observe the attending on unit perform at least two psychiatric interviews and mental status examinations.
- Complete assigned readings of text and articles pertaining to assigned patients

Professionalism Goals:

- Knowledge
 - Be familiar with the professional responsibilities of an inpatient unit, including confidentiality, team participation, and collaboration
- Skills
 - Develop high ethical standards, values, and professional behavior
 - Enhance ability to work with psychologist, social workers, teachers, nurses, etc. without undermining or providing an aura of patronage
- Attitude
 - Acknowledge the expertise of other members on the health care team and learn from their differing experiences

Objectives

- Act as member of a multidisciplinary inpatient unit team under attending faculty supervision.
- Discuss in supervision ethical dilemmas likely to be encountered in inpatient child psychiatry and develop a process to approach such dilemmas
- Understand his or her role as a group member of the unit team
- Demonstrate awareness of professional responsibility, ability to recognize the limits of his/her expertise, an ability to critique his/her performance and accept constructive criticism and differing opinions without either undue submissiveness or defensiveness.
- Discriminate appropriately between personal and professional relationships.
- Demonstrate a respectful attitude toward patients and their families

Systems-Based Learning Goals:

- Knowledge
 - Gain an understanding of how different systems specifically interact to provide inpatient psychiatric care
- Skills
 - Develop skills to navigate the differing systems to provide quality inpatient psychiatric care
- Attitude
 - Show willingness to learn more about systems that affect patient care

Objectives:

- Will act as Junior Attending on unit on a regular basis
- Will assist Attending Psychiatrist in planning and implementing improvements to the latency program as needed
- Will participate in administrative meetings as available.

- Liaison with social work in coordinating follow-up care for inpatients; learn about community systems of care, including residential treatment programs.