

Child and Adolescent Psychiatry Fellowship Program

APPENDIX A – GOALS AND OBJECTIVES for PLA with MedCura Health Outpatient

Key Personnel

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Location

Ronald McNair Discovery Learning Academy
2162 2nd Ave, Decatur, GA 30032

Frequency and Duration

four (4) hours a day, one (1) day per week for 4 to 5 months

Overview

MedCura Health Outpatient is a major mental health safety net provider in the Atlanta Metropolitan Area. This 2nd year outpatient psychopharmacology experience is designed to further develop and expand fellows' knowledge and skills in the evaluation and treatment of child and adolescent psychiatry patients in an outpatient setting, specifically within a school-based health clinic within a school. Fellows evaluate child and adolescent patients and their families who are being seen in an outpatient community psychopharmacology clinic. The patients are seen for a minimum of thirty minutes for follow-ups and sixty minutes for initial evaluations, which will include varying degrees of additional parenting and family therapeutic interventions. There will be one resident at a time in a morning clinic session. The resident documents in the electronic health record with links for the Attending Physician to review and approve the documentation. It is anticipated that the most common diagnoses seen at the clinic will be Attention Deficit Hyperactivity Disorder, Anxiety Disorder, Post-Traumatic Stress Disorder, Depression and Autism Spectrum Disorder. The vast majority of patients seen in this clinic are publicly insured. The fellows are responsible for the treatment of 3-8 patients/families per session.

Goals

The goal of this rotation is to provide an advanced base of clinical knowledge and practice in the diagnosis, care, and management of common psychiatric conditions in an outpatient community psychiatry setting serving child and adolescent patients.

Objectives

Patient Care

- The resident will consistently and efficiently obtain complete and accurate history relevant to the patient's complaints (PC1)
- The resident will select laboratory and diagnostic tests appropriate to the clinical presentation (PC1)
- The resident will follow clues to identify relevant historical findings in complex clinical situations and unfamiliar circumstances (PC1)
- The resident will assess patient safety (PC1)
- The resident will develop a basic differential diagnosis for common syndromes and patient presentations (PC2)
- The resident will organize formulations around comprehensive models of phenomenology that take etiology into account (PC2)
- The resident will apply an understanding of psychiatric, neurologic, and medical comorbidities to treatment selection (PC3)
- The resident will appropriately prescribe commonly used psychopharmacologic agents (PC5)
- Medical Knowledge
- The resident will demonstrate the knowledge of, and ability to weigh risks and protective factors for parental abuse or neglect and patient danger to self and/or others (MK2)
- The resident will identify sufficient knowledge to identify common medical conditions (MK2)
- The resident will demonstrate an understanding of psychotropic selection based on current practice guidelines or treatment algorithms. (MK5)
- The resident will describe the physical and lab studies necessary to initiate treatment with commonly prescribed medications (MK5)
- The resident will be able to list situations that mandate reporting or breach of confidentiality (MK6)

Systems Based Practice

- The resident will describe systems and procedures that promote patient safety (SBP1)
- The resident will demonstrate a knowledge of the relative cost of care, for example medication costs (SBP2)
- The resident will coordinate patient access to community and system resources (SBP2)
- The resident will coordinate care with community mental health agencies, including case managers and self help groups (SBP3)

Practice Based Learning and Improvement

- The resident will regularly seek and incorporate feedback to improve performance. (PBLI1)
- The resident will assume a role in the clinical teaching of early learners (PBLI3)

Professionalism

- The resident will demonstrate the capacity for self reflection, empathy, and curiosity about and openness to different beliefs and points of view, and respect for diversity (PROF1)
- The resident will recognize ethical issues in practice and be able to discuss, analyze, and manage these in common clinical situations (PROF1)
- The resident will notify the team and enlists back-up when fatigued or ill (PROF2)
- The resident will recognize the importance of participating in one's professional community (PROF2)
- The resident will accept the role of the patient's physician and take responsibility (under supervision) for ensuring that the patient receives the best possible care (PROF2)
- Interpersonal and Communication Skills
- The resident will develop a therapeutic relationship with patients in complicated situations (ICS1)
- The resident will sustain working relationships in the face of conflict (ICS1)
- The resident will consistently engage patients and families in shared decision making