

Willowbrooke at Tanner

Key Personnel

Kenneth Genova, MD, kgenova@tanner.org
Site Director and Attending

Marcy Edwards, medwards@tanner.org
Administration Contact

Location

20 Herrell Road, Villa Rica, GA 30108

Frequency and Duration

3 days a week, for one month

Overview

During the first year of their fellowship, CAP fellows will be at Willowbrooke at Tanner for a one-month rotation that includes clinical experiences in the general acute inpatient child and adolescent unit. Willowbrooke at Tanner is a not-for-profit facility that serves an 80% Medicaid and/or state-funded and racially diverse patient population. During this experience, they will be involved in psychiatric assessment, follow-up, short-term psychotherapy, family sessions, interdisciplinary team meetings, and psychopharmacology for children and adolescents with acute psychiatric symptoms.

Specific Activities

- Biopsychosocial evaluations of children, adolescents, and families in the inpatient child and adolescent psychiatric unit.
- Participation in multi-disciplinary treatment team meetings
- Participation in care coordination with community mental health care providers
- Observation of inpatient groups
- Verbal feedback to patients and families regarding symptoms, diagnoses, and treatment.
- Participation in family meetings
- Participation in supervision sessions with the attending psychiatrist

Goals and Objectives

Patient Care

Goals

Knowledge

- Gain knowledge and skills necessary for the assessment and treatment of the major psychiatric disorders of children/adolescents

Skills

- Gain the ability to apply discrete treatment modalities in common practice on child and adolescent acute inpatient units

Attitude

- Demonstrate a responsible attitude in determining the appropriate interventions, based on existing knowledge, thorough assessments, and receptivity to input from the patient, family, faculty, and the treatment team demonstrate self-motivation to increase knowledge and skills through reading relevant literature, consulting experts in the field, etc.

Objectives

- Complete a thorough psychiatric assessment on all assigned patients
- Be observed by attending while performing at least one psychiatric interview and presenting the case, mental status exam, case formulation, and plan
- Demonstrate the ability to integrate information obtained from assessments in an organized fashion
- Write comprehensive, clear, and concise diagnostic and treatment summaries under review of the supervising physician
- Utilize various pharmacologic agents in the acute inpatient treatment of severely disturbed children/adolescents
- Demonstrate the ability to educate parents about diagnosis/treatment and help families resolve conflicts.
- Participate in the development of a behavioral plan for at least one case.
- Develop knowledge of the signs and symptoms of mental illness in children & adolescents, understand child & adolescent development, and incorporate interventions for addressing acute mental health symptoms in this population

Practice-Based Learning & Improvement

Goals

Knowledge

- Gain sufficient knowledge concerning laws that affect inpatient treatment of children and adolescents

Skills

- Use appropriate resources (journals, texts, information technology) to develop competence in evidence-based treatments of acute mental health problems in children and adolescents
- Use observation skills and incorporate feedback to improve clinical performance

Attitude

- Demonstrate self-motivation to increase knowledge and skills through reading relevant literature, consulting experts in the field, etc.

Objectives

- Observe the attending on unit perform at least one (1) psychiatric interview and mental status exam.
- Participate in at least three family meetings
- Recognize and understand the feelings generated by clinical experiences, training, and supervision and how these can be resolved in a way that fosters growth for all concerned.
- Understand the role of the psychiatrist in educating and modeling interactions with staff and patients

Interpersonal Skills and Communications

Goals

Knowledge

- Demonstrates written and verbal communication with patients, families, colleagues, and other health care providers that is appropriate, efficient, concise, and pertinent

Skills

- Gain skills to conduct sensitive and constructive assessment interviews with parents or families
- Successfully navigate relationships within a multidisciplinary treatment team
- Timely, effective medical record documentation

Attitude

- Demonstrate a constructive attitude in working as a member of a multidisciplinary team and in shared decision-making with patients and families

Objectives

- Participate as a therapist or co-therapist in family therapy of all assigned adolescents.
- Demonstrate abilities to educate parents about diagnosis/treatment and help families resolve conflicts

- Demonstrate the ability to write comprehensive, clear and concise discharge and transfer summaries.

Professionalism

Goals

Knowledge

- Be familiar with the professional responsibilities of an inpatient unit, including confidentiality, team participation, and pursuing excellence in every patient who is assessed and treated

Skills

- Develop high ethical standards, values, and professional behavior

Attitude

- Value the input of other team members

Objectives

Knowledge

- Be familiar with the professional responsibilities of an inpatient unit, including confidentiality, team participation, and pursuing excellence in every patient who is assessed and treated

Skills

- Develop high ethical standards, values, and professional behavior

Attitude

- Value the input of other team members

System-Based Learning

Goals

Knowledge

- Develop knowledge of when and how to appropriately involve other professionals in the adolescent's care
- Learn about differences in the admissions process, levels of care, and inpatient care
- Understanding of insurance coverage and how it impacts access to care and treatment

Skills

- Able to coordinate these referrals to improve patient care
- Advocate for appropriate clinical care for patients

Attitude

- Participate in coordinating such referrals with the social worker, demonstrating a willingness to learn more about systems through being involved in the referral process

Objectives

- Able to utilize input from other members of the team or to request appropriate outside consultation as needed (e.g. pediatric or neurologic consultation)
- Liaison with social work in coordinating follow-up care for inpatients; learn about community systems of care, including residential treatment programs