

The Emily Program

Key Personnel

Jonathan Levy, MD, jonathan.levy@emilyprogram.com
Site Director and Attending

Katherine Nelson, katherine.nelson@accanto.com
Credentialing

Location

41 Perimeter Center E, Suite 250, Dunwoody, GA 30346

Frequency and Duration

3 days a week, for 1 month

Overview

Veritas Collaborative in Atlanta provides outpatient services for children, adolescents, and young adults with known or suspected eating disorders or disorders eating. Veritas offers multidisciplinary evaluations and treatment, including medical, psychiatric, dietetic, and psychotherapeutic care. This is a variable-length rotation depending on the interest of the resident and the availability of supervision. Residents will have the opportunity to observe medical, psychological, psychiatric, and dietary assessments of patients with eating disorders and will also have the opportunity to observe multidisciplinary team meetings determining the level of care and recommended services.

Expected Prior Information/ Abilities/Knowledge/Skill

- Ability to perform a psychiatric assessment
- Basic understanding of and ability to use DSM 5 classification & psychiatric disorders
- Basic understanding of medical disorders; ability to consult with medical providers
- Ability to develop and implement a treatment plan
- Basic understanding of and ability to use pharmacological, therapeutic, and psychosocial psychiatric interventions
- Basic understanding of and ability to negotiate systems of care

Goals/ Medical Knowledge

- Expand and broaden knowledge of eating disorders and their management in an outpatient setting

Patient Care

- Improve outpatient psychiatric assessments, with particular emphasis on eating disorders and disordered eating

- Be able to effectively determine the appropriate level of care for patients with eating disorders and be able to provide basic treatment recommendations for patients with eating disorders
- Work effectively with other team members providing multidisciplinary assessments of patients with disordered eating; develops working relationships across specialties; actively participates in and supports activities of team-based care
- Demonstrate initiative and consistency in learning through required and independent educational activities

Professionalism

- Exits attitudes and behaviors consistent with the roles and responsibilities of a psychiatrist

System-Based Practice

- Learn about eating disorder-specific systems of care and resources available to children, adolescents, and families

Assessment

- Faculty observation of general clinical skills, assessment skills, treatment planning, and ongoing care when appropriate
- Faculty evaluation