



COMMUNITY IMPACT DAY

Wednesday, July 27, 2016 | 1:00 P.M. TO 4:00 P.M.
Morehouse School of Medicine - CRC & NCPC Atrium

IN ATTENDANCE:

Dr. Valerie Montgomery Rice

President & Dean of
Morehouse School of Medicine

Dr. Elizabeth Ofili

Senior Associate Dean & Director
of the Clinical Research Center at
Morehouse School of Medicine

**Ambassador Andrew Young
Dr. Walter Young**

Andrew & Walter Young Family YMCA



PLANNED ACTIVITIES:

- ♦ Crossfit
- ♦ P4 Women's Health Fitness
- ♦ Health Screenings
- ♦ Art Gallery Display
- ♦ Natural Foods From The YMCA
- ♦ Garden & Healthy Eating Tips

FOR MORE INFORMATION CONTACT:

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CRC | CLINICAL RESEARCH CENTER OF
Morehouse School of Medicine


**OFFICE OF
COMMUNITY
ENGAGEMENT**
MOREHOUSE
SCHOOL OF MEDICINE

Morehouse School of Medicine and the Andrew and Walter Young Family YMCA

Community Impact Day

Morehouse School of Medicine
720 Westview Drive ~ Atlanta, GA 30310

July 27, 2016

1:00 – 4:00 pm

Agenda

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|--------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1:30-1:40pm | Welcome <i>Valerie Montgomery Rice, MD</i> President and Dean Morehouse School of Medicine |
| 1:40-1:50pm | Introduction of Guests and Acknowledgment of Sponsors <i>Elizabeth Ofili, MD, MPH</i> Senior Associate Dean of Clinical and Translational Research Morehouse School of Medicine |
| 1:50-2:10pm | What the YMCA Has to Offer <i>Ambassador Andrew Young and Dr. Walter Young</i> Andrew and Walter Young Family YMCA |
| 2:10-2:15pm | YMCA Collaboration Opportunity <i>David Hefner, EdD</i> Chief of Staff and Vice President for Strategic Planning Morehouse School of Medicine |
| 2:15-2:30pm | Crossfit Fitness (Group workout) <i>Valerie Montgomery Rice, MD</i> <i>Andrea Riggs, Personal Trainer & Fitness Instructor</i> |
| 2:30-2:45pm | P4 Women's Health Fitness (Group workout) <i>Elizabeth Ofili, MD, MPH</i> |
| 2:45-3:00pm | Break |
| 3:00-3:15pm | Zumba |
| 3:15-3:25pm | Natural Foods from the Andrew and Walter Young Family YMCA Garden <i>James Agazie</i> Andrew and Walter Young Family YMCA |
| 3:25-3:35pm | Healthy Eating Tips <i>Kayellen Umeakunne, MS, RD, LD</i> Research Bionutritionist/Bionutrition Core Manager Morehouse School of Medicine |
| 3:35-3:45pm | Health 360X <i>Atuarra McCaslin, BS</i> Communication Specialists Morehouse School of Medicine |
| 3:45-4:00pm | Tour of Clinical Research Center and Raffle of YMCA membership <i>Sarita Cathcart and Debra Teague</i> |