

# SHLI's Dr. Gilberte Bastien Promotes Mental Health Day in Liberia



In honor of World Mental Health Day on October 10<sup>th</sup>, SHLI Associate Project Director Dr. Gilberte ("Gigi") Bastien delivered remarks regarding the crucial role of mental health in overall wellness and resilience. This illustrates some of the important work being done to promote mental health and reduce mental health stigma in Liberia.

This was one of a series of events held across Liberia which were co-sponsored by the Carter Center's Mental Health Program in collaboration with a range of local partners. It was attended by mental health consumers, health professionals, traditional leaders, students, families, and community members in Margibi county Liberia.

