Morehouse School of Medicine Prevention Research Center conducted the 2018 Community Health Needs & Assets Assessment in the Atlanta Community to learn the opinions of neighborhood residents about their health concerns and those in their communities. Fifty-nine residents were interested in learning more about Physical Disability.

Physical Disability was ranked among the Top 12 Most Frequently Cited Community Health Issues for 2017-2018. Among the 59 community residents that were interested in learning about physical disability, more than half were African American Females between the ages of 45 and 64 with a household income of $25,000 or less.

What Is Physical Disability?

- Physical Disability is the long-term loss or impairment of part of a person's body function, resulting in a high limitation of physical functioning, mobility, dexterity, or stamina.
- Nearly 10% of Fulton County residents are physically disabled.

Risk Factors Associated With Physical Disability

- Obesity/Overweight
- Smoking
- Physical Inactivity
- Alcohol use
- Drug use
- Diet/Nutrition

As A Person With A Disability You have RIGHTS To:

- State and Local Government Activities
- Public Transportation
- Public Accommodations
- Telecommunication Relay Services
- Employment
- Fair Housing
- Voting Accessibility
- Education
- Rehabilitation
Here are some TIPS !!!

- Stay alert and tuned into your surroundings, whether on the street, in an office building, shopping mall, driving, or waiting for bus or subway
- Know the neighborhood where you live and work. Check out the locations of police and fire stations, public telephones, hospitals, restaurants, or stores that are open and accessible.
- BE YOUR OWN ADVOCATE !!!

- Don’t try to ignore or suppress your feelings
- Develop new hobbies and activities that make you happy
- Learn as much as possible about your disability
- Consider joining a disability support group
- Asking for help doesn’t make you weak
- Take advantage of the things you can do

Government Resources In Fulton County

- Fulton County Disability Affairs helps community residents get access to county employment activities and program services.
  http://www.fultoncountyga.gov/dcrc-disability-affairs-home
- Veterans Administration Disability Benefits https://veterans.georgia.gov
  (404) 656-5940
- MARTA Mobility Transportation Services https://www.itsmarta.com/marta-mobility-guide.aspx
  (404) 848-5389
  (800) 772-1213
- Supplemental Security Income Disability Program
  https://www.ssa.gov/benefits/ssi/ (800) 772-1213

Citations