

**HCW Kickoff
Rally**

**Wellness
Scavenger
Hunt**

**GetFit MSM
Workout
(Wednesday)**

**Fruit & Veggies
Friday (FNV)
Social Media**

**GetFit MSM
Workout
(Monday)**

**Instant Recess
Flash Mob**

**Plant-Based
Cooking Class**

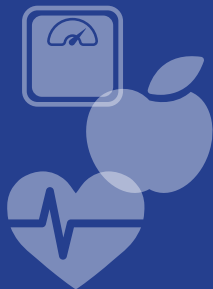
**MSM @
Total Fitness
Revolution**

**Signed up for
GetFit MSM
Assessment**

**Release & Relax
(R&R) Station**

**The Biggest
Instant Recess
Challenge**

**Atlanta Streets
Alive**



2nd Annual Healthy Campus Week at Morehouse School of Medicine September 23-29, 2019

#HealthyCampus

www.msm.edu/healthycampus

Monday 9/23

HCW Kickoff Rally
(NCPC Atrium @ 12:30 pm)

GetFit MSM Workout
(Fitness Ctr. @ 5:00 pm)

Tuesday 9/24

Wellness Scavenger Hunt
(NCPC Atrium @ 12:30 pm)

Instant Recess Flash Mobs
(@ 2:00 pm)

Wednesday 9/25

Release & Relax Stations
(all day)

GetFit MSM Workout
(Fitness Ctr @ 5:00 pm)

Thursday 9/26

The Biggest Recess Challenge
(NCPC Atrium @ 1:00 pm)

Friday 9/27

Fruit & Veggie Friday Social
Media Challenge
(#HealthyCampus on all posts)

Saturday 9/28

MSM @ Total Fitness
Revolution
(@ 9:00 am)

Sunday 9/29

Atlanta Streets Alive
Southwest
(@ 2:30 pm)

Monday 9/30

Turn in HCW Passports
HCW Grand Champion Prize
Raffle
(@ 12:30 pm)